



Sitting Volleyball Clinic

Open To: All ages disabled (amputee athletes) & able bodied athletes

Date: Friday June 3rd

Time: 5:30pm-8:30pm @ Trojan Activity Center

What do I wear?:

- Athletic Shirt
- Long athletic pants or shorts w/slides
- Optional knee pads

Cost: \$30.00



What We Will Do:

1. Meet Sitting Team Olympians: Eric Duda and Heather Erickson
2. We will learn the basics of how to play
3. Play the game of sitting volleyball for a few hours

Trojans support the Paralympics

1. Spread and gain awareness of the sport in the Tulsa area.
2. Share the love of the game with amputees in our community.
3. Meet a few of our local Olympians headed to Rio this summer to compete for Gold!
4. Opportunity to work on overhand game for those who have played standing.
5. New challenge

The USA Paralympic sitting volleyball team trains in Edmond Oklahoma @ UCO. I became aware of the sitting team when I worked under Bill Hamiter while at Heritage Hall. He invited me to see what the sport was all about at their morning workouts. He invited me to play with them as well as participate in a league for sitting. Ever since then I have been motivated to share with others. As the head coach of volleyball in Jenks I have ran across students who fit into this category and I would love nothing more than to share a side of our sport and play side by side with disabled kids, teens, adults, and veterans. As Trojans are bringing awareness to the sport and share our love of the game with others in our community.

HOW TO REGISTER

To register click on the link below go to men's v-ball or women's v-ball.

<https://www.rankonesport.com/Public/Camps/CampsList.aspx>

