



OP2 SPRING VOLLEYBALL BASE CAMP

May 8—25
Mon./Thurs. 6:00 - 7:45



ABOUT BASE CAMP

OP2 “Base Camp” is for girls and boys in grades 3-6 and it is designed to help players achieve a strong foundation, or “base” in their fundamental volleyball skills.

WHEN: Mondays and Thursdays, May 8, 11, 15, 18, 22, & 25 from 6:00—7:45 PM

WHERE: OP2 Training Center, 11626 N. I-35 Service Road, Oklahoma City

COST: \$160—Includes six practice sessions and a camp t-shirt for each participant.

HOW TO REGISTER: Find registration information and link at www.op2vb.com.

ABOUT OP²

Oklahoma Peak Performance Volleyball Club trains 280 players a year, ages 9—18, in its club programs. OP², or “Peak,” is committed to helping players reach their potential in volleyball development, fitness/conditioning, and character development.

In addition to our club programs, our developmental camps have trained more than 1,600 players in 11 years. Our Base Camps help establish the fundamentals for young players as well as developing an enjoyment for the sport.

Our coaching staff includes Olympic level, collegiate, high school, and middle school coaches who have earned one collegiate national championship, 15 state high school championships, a USA High Performance national championship, and a Silver Medal at the 2008 Paralympics in Beijing, China.

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