



STINGRAY BEACH 2016

Are you looking to improve your volleyball skills, take your game to a higher competitive level, or just learn the beach game while getting a great workout and having a blast.

Whether you are brand new to beach volleyball, or you are a competitive player who wants to get to the next level, there is no better or faster way to improve your skills then by training in the sand with *Stingray Beach Volleyball*.

Traveling players program:

Mon. 8-10AM
Tues. 8-10 AM (indoor work out)
Thurs. 8-10AM

Non-traveling players program:

Tues. 8-10AM
Wed. 8-10AM
Thurs. 8-10AM (indoor workout)

Tryouts for Traveling Team will be Saturday, May 14th
9:00-11:00 am
6205 N. Santa Fe OKC

***FIRST PRACTICE MAY 7, 2016**
***LAST DAY OF PRACTICE JULY 21, 2016**

For more information on please call

Toriano Lands (405)924-4594/toriano@stingrayvba.com

Erin Collier (405) 305-9758 /erincollier17@gmail.com

Or visit www.stingrayvba.com

GOLD MEMBERSHIP

(12 weeks) May 7-July 21

*includes coaches at all tournaments, tank top, sports bra, shorts and personal training.

SILVER MEMBERSHIP

(8 weeks) *You can pick 2 out of the three following sessions:

May 7-May 26
May 31- June 23
June 28-July 21

*includes tank top, sports bra and shorts

BRONZE MEMBERSHIP

(4 weeks) You can pick 1 out of the three following sessions:

May 7-May 26
May 31-June 23
June 28-July 21

*includes tank top

****\$300 deposit and remaining balance due by June 9th**

LITTLE RAYS 12U

Tuesday & Thursday 6:30-8:30PM

May 31-July 21 (8 weeks).

(\$150 non-refundable deposit, \$200 due by June 8th. *includes tank top

Stingray Beach 2016 Tournament Series

JUNE 4-5

Mid-South Grand Slam

JUNE 11-12

OKC Open

JUNE 17-19

Cedar Park, TX

JUNE 25

Battle of the Bay Tournament
(6th Annual)

JULY 2

STINGRAY SUMMER SLAM!

JULY 9

Kansas City

JULY 16

Galveston

JULY 17

Chicago

**JULY 22-24 Beach Nationals-
Milwaukee**